STOMACH GOOD AS NEW. FOUR DOC-TORS GAVE HER UP

Hendricks, Bedfast Five Months, Was Able to Work in Two Weeks.

was sick last winter for five months The was sick last winter for five months with stomach and bowel trouble. Could not turn myself in bed without help. I was under the care of four doctors, and they gave me up. Then Mr. Mills, the druggist, persuaded my husband to try a bottle of Milks Emulsion. I had only taken it two days until I was sitting up in bed, and in two weeks I was doing my own work. When I began taking it I weighed only 70 pounds; now I weigh 190 pounds."—Mrs. Mary Hendricks, 900 Litch-

Thousands of people who have suffered for years from stomach and bowel creubles have found relief almost from the first dose of Milks Emulsion. And it

is real, lasting benefit.

Milks Emulsion is a pleasant, nutritive tood and a corrective medicine. It re-ctores healthy, natural bowel action, do-ing away with all need of pills and physing away with all need of plus and physics. It promotes appetite and quickly puts the digestive organs in shape to assimilate food. As a builder of flesh and strength Milks Emulsion is strongly recommended to those whom sickness has measured to those whom sickness has weakened and is a powerful aid in resisting and repairing the effects of wasting liseases. Chronic stomach trouble and constipation are promptly relieved—usu-

ally in one day.

This is the only solid emulsion made, and so palatable that it is eaten with a spoon like ice cream.

No matter how severe your case, you are urged to try Milks Emulsion under this guarantee—Take six bottles home with you, use it according to directions, and if not satisfied with the results your money will be promptly refunded. Price so and \$1.20 per bottle. The Milks Emulsion Co., Terre Haute, Ind. Sold by drug gists everywhere.—Adv.

He-For love of you I burn. She-All right. I'll call father and he'll put you out.

Kind Offer.

LIFT OFF CORNS!

Doesn't hurt a bit and costs only

a few cents



Magic! Just drop a little Freezone on that touchy corn, instantly it stops aching, then you lift the corn off with the fingers! Truly! No humbug!

Try Freezone! Your druggist sells bottle for a few cents, sufficient to rid your feet of every hard corn, soft corn, or corn between the toes, and calluses, without one particle of pain, soreness or irritation. Freezone is the discovery of a noted Cincinnati genius.-Adv.

Was Keeping 'Em Secret, "Have you any secrets in your past?" she asked. "None to speak of," he replied.

Catarrhal Deafness Cannot Be Cured by local applications as they cannot reach
the diseased portion of the ear. There is
anly one way to cure Catarrhal Deafness,
and that is by a constitutional remedy.
HALL'S CATARRH MEDICINE acts HALL'S CATARRH MEDICINE acts through the Blood on the Mucous Surfaces of the System. Catarrhal Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed, Deafness is the result. Unless the inflammation can be reduced and this tube restored to its normal condition, hearing may be destroyed forever. Many cases of Deafness are caused by Catarrh, which is an inflamed mondition of the Mucous Surfaces.

ONE HUNDRED DOLLARS for any case of catarrhal deafness that cannot

tage of catarrhal deafness that cannot be cured by HALL'S CATARRH MEDICINE.

All druggists 75. Circulars free. IF. J. Cheney & Co., Toledo, Ohio

The Bulge That Counts. Our observation is that folks forwive a man's trousers for bagging at the knees if they bulge at the pockets, -Dallas News.

ASPIRIN INTRODUCED BY "BAYER" IN 1900

fook for name "Bayer" on the tablets, then you need never worry.

If you want the true, world-famous dspirin, as prescribed by physicians for over eighteen years, you must ask for "Bayer Tablets of Aspirin."

The "Bayer Cross" is stamped on each tablet and appears on each packege for your protection against imi-

In each package of "Bayer Tablets of Aspirin" are safe and proper directions for Colds, Headache, Neuralgia, Earache, Rheumatism, Lumbago, Neuritis, and for Pain in

Handy tin boxes containing 12 tablets cost but a few cents. Druggists also sell larger "Bayer" packages. Aspirin as the trade mark of Bayer Manufacture of Monoaceticacidester of Sallcy-Heacid.-Adv.

A little folly is desirable in him that all not be guilty of stupidity.-Mon-

Be sure of your alm before attempting to slap a mosquito.



appearance publicly. The national park service is supporting it. The area to be added is public domain. There is therefore no expense. The

enlargement is scenically attractive, is naturally a part of the park and is needed for the comprehensive development of the public playground of which Crater Lake is the feature.

The small map given herewith has a broken line around the present park and the heavy continuous line shows the park as enlarged. The present park is approximately 13 miles east and west by 18 miles north and south and contains 249 square miles or 159,360 acres. The enlargement contains about 145 square miles or 92,800 acres. The park lies in Klamath county, in southwestern Oregon, about 60 miles from the California line. The nearest railroad points are Medford on the main line of the Southern Pacific, 83 miles to the southwest; Klamath Falls, 62 miles to the south on a branch line, and Kirk, 26 miles to the southeast on a branch line. The park lies on the crest of the Cascades and varies in elevation from 5,000 to 9,000 feet.

The addition is spoken of locally as the "Dialake which is one of its features. This lake is about 5,000 feet above sea level and is about 5 by 21/2 miles. From Crater lake to Diamond lake by trail is 18 miles. Diamond lake is comparatively shallow and warms up enough for comfortable bathing. On the east and south the shore is grassy, with a gradual slope to a pebbly beach. The lake is beautifully situated and altogether the location makes an ideal camping ground.

In this lies much of its desirability. Crater take is a world marvel, but it is not entirely admirable as a camping ground. The camping ground is of course on the rim, a thousand feet or so above the water. And as a bathing lake it is out of the question, the temperature of its water being about 38 degrees all summer. And in addition the lake is more than 2,000 feet deep in places.

The Diamond lake region offers fine fishing also. To be sure, nobody could ask for finer trout than the rainbows in Crater lake. They run big: some of them scale ten pounds. And they are magnificent fighters; many experts hold that pound for pound the Crater lake rainbow is the hardest fighter of all the western trout. But fishing from the rocky, broken shore at the foot of the lake walls is often hard work. The best fishing is from a boat-and to some anglers this is comparatively no fun. They want to steal along a stream and find a pool and match wits with the big fellow that has pre-empted it and holds it against all comers.

And that's just the kind of fishing there is up around Diamond lake. Two creeks-Silent and Short-flow into Diamond lake at its south end. Two Bear creek flows into it from the north. Other trout streams are scattered over the addition

All the roads into the present park come from the south. The enlargement will give the park a road from the north and direct connection with Bend and central Oregon points. In the future a connecting road to the wonderful Rim road around Crater lake would be a natural improvement; at present only a horse trail crosses the range, which thrusts through the enlargement and into the park like a huge wedge,

Right up in the very northeast corner of the enlargement is Howlock mountain (8,351 feet). To the east of Diamond lake is Mount Thielsen (9,178) and to the west is Mount Bailey (8,356). They are picturesque peaks and well worth ascending. All through the addition there is scenery worth while.

Crater lake attracted 16,645 visitors last summer and the attendance is increasing every year; in 1918 there were 13,231. So the enlargement is needed-to give more camping room, .varied scenery and different trout fishing, among other things. The enlargement will offer additional attractions and make Crater Lake National park the kind of place where the visitor will want to stay all summer. In short, Greater Crater lake will be both show place and playground,

It is the plan of the national park service to give this playground aspect so far as possible to all of the national parks. Not all of them come by it naturally, and these are to be helped liong by development

caverns of its massive bulk.

Yellowstone, our oldest and most famous national park-the first national park in the world -never had been a success as a playground. The truth is it is a wonderhouse of freak scenerygeysers, bolling springs, volcanic curiosities and he Yellowstone Falls. Also it has its semidomesticated bears and its wonderful big game. In the old days of the stage coach the regulation trip took five days. After that the tourist was ready to leave. And he seldom returned to see the park a second time. Now that the automobile has taken the place of the coach, the time of the regulation trip has been cut in two; otherwise the same conditions obtain. The Yellowstone attendance figures tell the story. In 1915, the attendance was 51,895; in 1916 it was 35,849; in 1917 it was 35,400; in 1918 it was 21,275; in 1919 it was 62,261. By way of contrast take the corresponding attendance at Rocky Mountain National park, which is a play ground park where people stay their entire vacation time and there are thousands of "regulars" who go every year: 31,-000 and 51,000 and 117,186 and 101,497 and 169,-492. Rocky mountain has no freak scenery, but its scenic magnificence wears well and a large proportion of its visitors regard it as their summer home.

In consequence the national park service is promoting the project of adding about a thousand square miles to the south end of Yellowstone, including the Teton range, Grand Teton, Mount Moran, Jackson lake and the Jackson Hole region and the headwaters of the Yellowstone. This addition will give the Yellowstone the kind of scenery it lacks. Moreover, plans for the farther development of the Yellowstone include large automobile camps, golf links, tennis courts and the encouragement of fishing, mountain climbing and riding. In short, the Yellowstone is to be made a playground sufficiently attractive to hold the tourist for a time and to induce him to return.

Another example of needed enlargement is Sequoia National park in California. This park was created in 1890 and contains 252 square miles. It was created largely for the purpose of preserving the Big Trees (Sequola gigantea)—the biggest and oldest living things on the earth. The General Sherman tree, for example, is about 36 feet in diameter and is approximately 5,000 years old. Congress, with an eye to the big trees only, cut the park boundaries arbitrarily and left out a magnificently scenic area which lies contiguous. Features of this contiguous area are the canyons of the Kings and Kern rivers and the summit of Mount Whitney (14,501), the highest mountain in continental United States. It is now purposed to add about a thousand square miles of this contiguous area to Sequoia and to change its name to Roosevelt, making the enlarged park a national outdoor memorial to the dead statesman. Here again the public playground idea is the basic

proposition. No description can do justice to Crater lake itself. Uncle Sam, however, has done a good job under the circumstances in a booklet issued last season by the United States railroad administration. And this booklet says among other things:

All of our great national playgrounds have their distinctive beauties; each is different in great measure in the sublimity and attractiveness of its national grandeur, but Crater lake stands alone in this: that all likeness to any familiar landscape here ceases.

Other lands have their crater lakes-Italy, India and Hawaii-and there are some craters in this

country that contain miniature lakes; but there is only one really great caldera of this kind in the world-enly one immense basin apparently formed through the complete melting by intense heat of the entire core of a great volcano, and the falling in and utter disappearance through subterranean

The titanic convulsion that formed this remarkable beauty-spot no human eye witnessed. Geologists have concluded that ages ago, in the great chain of volcanic mountain peaks which today extends from Washington to California-among them Mt. Rainler, Mt. Hood, Mt. Adams, Mt. Jefferson, Three Sisters, Mt. McLoughlin, Mt. Shasta and Lassen Peak-there towered one, which has been called Mount Mazama, that may have topped the tallest of its fellows. Judging from the pitch of the remnants of its outer slopes, scientists conclude with reasonable certainty that, if reconstructed, its snow-clad peak would rise from seven to eight thousand feet above its broken rim. Mazama stands today an uncrowned king, shorn of its diadem of burning gold and glittering silver, yet holding within its heart a treasure the rarest in the world-a beautiful lake, the deepest of all lakes, with waters the bluest of all blue

waters. And this is Crater lake. Crater lake is almost circular, varying from five to six miles in diameter. Its known depth is 2,000 feet and it is believed to be the deepest body of fresh water in the world. Its surface is 6,177 feet above the sea. It has no inlet or outlet, being fed by springs and winter snows; its water escapes by underground channels, reappearing as springs in the Klamath region, a few miles away. It is completely girdled by precipitous cliffs and steep talus slopes that fall sharply downward from its rim 2,000 to 600 feet to the water's edge. Closely encircling it rise many high peaks, notably Llao Rock, The Watchman, and Cloud Cap; also Glacler, Garfield and Vidae Peaks.

Surrounded by canyons, ravines and pinnacled rocks, and belted by a wilderness of boulderstrewn forests, the region for years was inaccessible, and unexplored except by the more venturesome who were attracted by stories of the Indians of this mystery lake in its fantastic set ting. Yet its discovery was accidental; it oc curred in 1853 while an exploring party was searching in the Cascade mountains for the famous Lost Cabin mine.

A dispute arose over the choice of a name, the party dividing between Mysterious lake and Deep Blue lake. The advocates of Deep Blue lake won the vote, but in 1869 a visiting party renamed it Crater lake, and this by natural right became its The first sight of Crater lake is well-nigh be-

wildering. Unless looked into from the rim it is invisible. Wonderment at the height and steepness of its encircling cliffs succeeds the first as tonishment; admiration of the loveliness of its coloring next enthralls the beholder in the sequence of impressions. Its unique beauty lies in no small measure in its coloring, the brilliance of which if reproduced in painting or print would seem exaggerated and impossible to those who have not seen the reality. Nowhere else is there such an azure. One feels that a glass of its water would show blue as if stained with cobalt, but it is clear as crystal and as pure. The deeper parts are a brilliant ultramarine, shading to turquoise in the shallower reaches, and to light jade green in the few indented coves around the shore. A hundred feet down the glaze of a plate is plainly discernible. The surroundings help the brilliance of the blue; the rocks are of metallic hues; the peaks of the rim are often snow covered; the lava gray of the steep scarred walls is mottled and splotched with bright yellows and reds, markings left by volcanic action long ago, and always there is the dark green of the pines and firs and shrubs that grow on these declivities wherever they find root-hold. The waters are usually placid, gleaming as though glazed by the sun, and in this mirror of Nature the reflections stand out with astounding distinctness.

FAINTING AND DIZZY SPELLS

The Cause of such Symptoms and Remedy Told in This Letter.



N. Y.—"When I com-Change of Life I was poorly, had no appetite and had fainting spells. I suffered for two or three years be-fore I began taking Lydia E. Pinkham's Vegetable Compound and the Liver Pills which I saw advertised in the papers and in your little books. I took about twelve bottles of your Vegetable Compound and found it a wonderful servedy. Learning to nick up at

remedy I commenced to pick up at once and my suffering was relieved. I once and my suffering was relieved. I have told others about your medicine and know of some who have taken it. I am glad to help others all I can."—Mrs. R. E. DEMING, 437 W. Lafayette Ave., Syracuse, N. Y.

While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Moreover this reliable remedy con-

Moreover this reliable remedy contains no narcotics or harmful drugs and owes its efficiency to the medicinal extractives of the native roots and herbs which it contains.

Scant Comfort.

One possible service performed by visiting wife's relatives is eating so much that there aren't so many left-overs for next day.—Ohlo State Journel.

Cuticura Soothes Baby Rashes. That itch and burn with hot baths of Cuticura Soap followed by gentle anointings of Cuticura Ointment. Nothing better, purer, .sweeter, especially if a little of the fragrant Cuticura Talcum is dusted on at the finish. 25c each everywhere.-Adv.

In the days of the Pharaohs some of the most sacred religious offices were held by women.

Many a large-man indulges in small

BRACE UP!

The man or woman with weak kidneys is half crippled. A lame, stiff back, with its constant, dull ache and sharp, shooting twinges, makes the simplest task a burden. Headaches, dizzy spells, urinary disorders and an "all worn out feeling are daily sources of distress. Don't neglect kidney weakness and risk gravel, dropsy or Bright's disease. Get a box of Doan's Kidney Pills. They have helped other people the world over. Ask your neighbor!

An Illinois Case Mrs. Bruce Mc-Mullin, W. Hurst St., Bushnell, Ill., says: "I could hardly get about



on account of the pains across the small of my back. I had dizzy spells an d everything turned black before me. I felt tired and languid. Doan's Kidney Pills were recommended to me and I. got some. After taking one box I was cured and haven't been troubled since."

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Don't take chances. Get Carter's Little Liver Pills right now. They never fail to make the liver do its duty. They relieve constipa-tion, banish in CARTER'S digestion, driveout biliousness, stop dizziness, plexion, put a healthy glow on the cheek and sparkle in the eye. Be sure

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DR. CARTER'S IRON PILLS. Nature's great nerve and blood tonic for Anemia, Rheumatism, Nervousnesa, Siceplessness and Female Weakness. Sentine must bear signature Bear Toods

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When the body begins to stiffen and movement becomes painful it is usually an indication that the kidneys are out of order. Keep

these organs healthy by taking GOLD MEDAL ARLEM O CAPSULES

The world's standard remedy for kidney, liver, bladder and uric acid troubles. Pamous eince 1696. Take regularly and keep in good health. In three sizes, all druggists. Guaranteed as represented. Look for the name Gold Medal on wary bus

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